The Discipleship Course

BetterMan (Core 2.0 + Defined) × The Ways of the Alongsider

Quiet Time Journal

Weeks 1–35 of 35

THIS JOURNAL BELONGS TO _____

GROUP _____

MY BROTHER IN THIS GROUP _____

How to use this journal

SEVEN SESSIONS A WEEK

Each week has a week page and seven day pages. Two days carry a printed Scripture focus: the passage the group will work together, and the memory verse for the week. The other five days are yours — choose your own passage and write it in.

THE DAILY PATTERN

Read	Read the whole passage before you write anything.
Themes	Note the major themes of everything you read — a line or two.
Best verse	Choose the one verse that stood out. Write it out, then write your thoughts.
Meditate	Work the verse with the column on the right: ask questions of it, emphasize a different word each time you read it, rewrite it in your own words.
Pray	Close with W-A-R: worship Him, admit sin, make your requests.
Apply	Finish with one thing you will actually do today.

WHAT YOU BRING TO THE MEETING

One entry read out loud, your memory verse quoted from memory, and last week's “I will…” answered honestly. Fill in the week page before you come: what hit you in the session, what you found in the Word, and what you want to ask.

A WORD ON THE BLANK DAYS

The five open days are not filler. A man who only reads what he is handed never learns to feed himself. Pick a book and work through it, or stay in the anchor passage all week. Either way, write the reference down and keep the record.

Launch & the Covenant

WATCH THIS WEEK Leader-led

SCRIPTURE FOCUS **Mark 3:14**

MEMORY VERSE **Matthew 22:37–38**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Mark 3:14
Day 2	
Day 3	
Day 4	Matthew 22:37–38
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Mark 3:14

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
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Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

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ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Matthew 22:37–38

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
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Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

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R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

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ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

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SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

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Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Manhood Today

WATCH THIS WEEK BetterMan — Session 1: Manhood Today

SCRIPTURE FOCUS **Genesis 1:27; 2:15**

MEMORY VERSE **Micah 6:8**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Genesis 1:27; 2:15
Day 2	
Day 3	
Day 4	Micah 6:8
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Genesis 1:27; 2:15

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

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ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

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Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Micah 6:8

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

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Put the verse in your own words.

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W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

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ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

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EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

Man & His Story

WATCH THIS WEEK BetterMan — Session 2: Man & His Story

SCRIPTURE FOCUS **Genesis 50:20**

MEMORY VERSE **Genesis 50:20**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Genesis 50:20
Day 2	
Day 3	
Day 4	Genesis 50:20
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Genesis 50:20

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Genesis 50:20

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
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Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

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Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

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Put the verse in your own words.

COMMUNICATE WITH GOD

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ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

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- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Week 4 Core 2.0

The Dad Factor

WATCH THIS WEEK BetterMan — Session 3: The Dad Factor

SCRIPTURE FOCUS **Psalm 68:5; Exodus 20:12**

MEMORY VERSE **Psalm 68:5**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Psalm 68:5; Exodus 20:12
Day 2	
Day 3	
Day 4	Psalm 68:5
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Psalm 68:5; Exodus 20:12

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
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- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Psalm 68:5

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

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Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

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R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

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Read it again, stressing a different word each time.

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Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
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Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Week 5 Core 2.0

The Good Life

WATCH THIS WEEK BetterMan — Session 4: The Good Life

SCRIPTURE FOCUS **John 10:10; Matthew 6:33**

MEMORY VERSE **Matthew 6:33**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	John 10:10; Matthew 6:33
Day 2	
Day 3	
Day 4	Matthew 6:33
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

John 10:10; Matthew 6:33

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- A sin to avoid
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- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Matthew 6:33

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
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Ask: who, what, when, where, why

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Read it again, stressing a different word each time.

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Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

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Read it again, stressing a different word each time.

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Put the verse in your own words.

COMMUNICATE WITH GOD

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ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

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Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

Week 6 Core 2.0

Defining Manhood

WATCH THIS WEEK BetterMan — Session 5: Defining Manhood

SCRIPTURE FOCUS **1 Corinthians 16:13; Joshua 1:9**

MEMORY VERSE **1 Corinthians 16:13**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	1 Corinthians 16:13; Joshua 1:9
Day 2	
Day 3	
Day 4	1 Corinthians 16:13
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

1 Corinthians 16:13; Joshua 1:9

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
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Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

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Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

1 Corinthians 16:13

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Week 7 Core 2.0

Word

WATCH THIS WEEK BetterMan — Session 6: Word

SCRIPTURE FOCUS **Psalm 1:1–3; 2 Timothy 3:16–17**

MEMORY VERSE **Joshua 1:8**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Psalm 1:1–3; 2 Timothy 3:16–17
Day 2	
Day 3	
Day 4	Joshua 1:8
Day 5	
Day 6	
Day 7	

Week 7 · Day 1 Date _____ Word

SCRIPTURE FOCUS

Psalm 1:1–3; 2 Timothy 3:16–17

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

Week 7 · Day 2 Date _____ Word

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Week 7 · Day 3 Date _____ Word

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Week 7 · Day 4 Date _____ Word

SCRIPTURE FOCUS

Joshua 1:8

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

Week 7 · Day 5 Date _____ Word

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Week 7 · Day 6 Date _____ Word

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Week 7 · Day 7 Date _____ Word

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

Week 8 Core 2.0

Woman

WATCH THIS WEEK BetterMan — Session 7: Woman

SCRIPTURE FOCUS **Ephesians 5:25**

MEMORY VERSE **Ephesians 5:25**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Ephesians 5:25
Day 2	
Day 3	
Day 4	Ephesians 5:25
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Ephesians 5:25

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Ephesians 5:25

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Work

WATCH THIS WEEK BetterMan — Session 8: Work

SCRIPTURE FOCUS **Colossians 3:23–24**

MEMORY VERSE **Colossians 3:23–24**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Colossians 3:23–24
Day 2	
Day 3	
Day 4	Colossians 3:23–24
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Colossians 3:23–24

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Colossians 3:23–24

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Week 10 Core 2.0

World

WATCH THIS WEEK BetterMan — Session 9: World

SCRIPTURE FOCUS **Matthew 5:13–16**

MEMORY VERSE **Matthew 5:16**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Matthew 5:13–16
Day 2	
Day 3	
Day 4	Matthew 5:16
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Matthew 5:13–16

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Matthew 5:16

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Manhood and Courage

WATCH THIS WEEK BetterMan — Session 1: Manhood and Courage

SCRIPTURE FOCUS **Joshua 1:8–9**

MEMORY VERSE **Joshua 1:9**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Joshua 1:8–9
Day 2	
Day 3	
Day 4	Joshua 1:9
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Joshua 1:8–9

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Joshua 1:9

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

A Man and His Sword

WATCH THIS WEEK BetterMan — Session 2: A Man and His Sword

SCRIPTURE FOCUS **Ephesians 6:17; Hebrews 4:12**

MEMORY VERSE **Hebrews 4:12**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Ephesians 6:17; Hebrews 4:12
Day 2	
Day 3	
Day 4	Hebrews 4:12
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Ephesians 6:17; Hebrews 4:12

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Hebrews 4:12

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Becoming Courageous in the Quiet

WATCH THIS WEEK BetterMan — Session 3: Becoming Courageous in the Quiet

SCRIPTURE FOCUS **Mark 1:35; Psalm 119:9–11**

MEMORY VERSE **Psalm 119:11**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Mark 1:35; Psalm 119:9–11
Day 2	
Day 3	
Day 4	Psalm 119:11
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Mark 1:35; Psalm 119:9–11

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Psalm 119:11

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him **A** Admit sin **R** My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Becoming Courageous in the Fight

WATCH THIS WEEK BetterMan — Session 4: Becoming Courageous in the Fight

SCRIPTURE FOCUS **Ephesians 6:10–18**

MEMORY VERSE **Ephesians 6:13**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Ephesians 6:10–18
Day 2	
Day 3	
Day 4	Ephesians 6:13
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Ephesians 6:10–18

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Ephesians 6:13

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

Becoming Courageous in the Mission

WATCH THIS WEEK BetterMan — Session 5: Becoming Courageous in the Mission

SCRIPTURE FOCUS **Acts 1:8; Matthew 5:16**

MEMORY VERSE **Acts 1:8**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Acts 1:8; Matthew 5:16
Day 2	
Day 3	
Day 4	Acts 1:8
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Acts 1:8; Matthew 5:16

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Acts 1:8

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Partnering with Her

WATCH THIS WEEK BetterMan — Session 1: Loving God's Woman by Partnering with Her

SCRIPTURE FOCUS **Genesis 2:18, 24**

MEMORY VERSE **Genesis 2:24**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Genesis 2:18, 24
Day 2	
Day 3	
Day 4	Genesis 2:24
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Genesis 2:18, 24

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Genesis 2:24

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

Providing for Her

WATCH THIS WEEK BetterMan — Session 2: Loving God's Woman by Providing for Her

SCRIPTURE FOCUS **1 Timothy 5:8**

MEMORY VERSE **1 Timothy 5:8**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	1 Timothy 5:8
Day 2	
Day 3	
Day 4	1 Timothy 5:8
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

1 Timothy 5:8

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

1 Timothy 5:8

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Protecting Her

WATCH THIS WEEK BetterMan — Session 3: Loving God's Woman by Protecting Her

SCRIPTURE FOCUS **Ephesians 5:25–29; 1 Peter 3:7**

MEMORY VERSE **1 Peter 3:7**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Ephesians 5:25–29; 1 Peter 3:7
Day 2	
Day 3	
Day 4	1 Peter 3:7
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Ephesians 5:25–29; 1 Peter 3:7

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

1 Peter 3:7

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Pointing Her to Christ

WATCH THIS WEEK BetterMan — Session 4: Loving God's Woman by Pointing Her to Christ

SCRIPTURE FOCUS **Ephesians 5:25–27**

MEMORY VERSE **Ephesians 5:26**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Ephesians 5:25–27
Day 2	
Day 3	
Day 4	Ephesians 5:26
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Ephesians 5:25–27

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him | **A** Admit sin | **R** My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

Ephesians 5:26

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	**A** Admit sin	**R** My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

Practicing Hope and Healing

WATCH THIS WEEK BetterMan — Session 5: Loving God’s Woman by Practicing Hope and Healing

SCRIPTURE FOCUS **Colossians 3:13; Psalm 147:3**

MEMORY VERSE **Colossians 3:13**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Colossians 3:13; Psalm 147:3
Day 2	
Day 3	
Day 4	Colossians 3:13
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Colossians 3:13; Psalm 147:3

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Colossians 3:13

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

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- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Godly Work

WATCH THIS WEEK BetterMan — Session 1: Godly Work

SCRIPTURE FOCUS **Genesis 2:15; Colossians 3:23–24**

MEMORY VERSE **Genesis 2:15**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Genesis 2:15; Colossians 3:23–24
Day 2	
Day 3	
Day 4	Genesis 2:15
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Genesis 2:15; Colossians 3:23–24

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Genesis 2:15

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Gospel-Driven Work

WATCH THIS WEEK BetterMan — Session 2: Gospel-Driven Work

SCRIPTURE FOCUS **Ephesians 2:10; Colossians 3:23–24**

MEMORY VERSE **Ephesians 2:10**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Ephesians 2:10; Colossians 3:23–24
Day 2	
Day 3	
Day 4	Ephesians 2:10
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Ephesians 2:10; Colossians 3:23–24

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Ephesians 2:10

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Honoring God in Our Work

WATCH THIS WEEK BetterMan — Session 3: Honoring God in Our Work

SCRIPTURE FOCUS **1 Corinthians 10:31; Proverbs 16:3**

MEMORY VERSE **1 Corinthians 10:31**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	1 Corinthians 10:31; Proverbs 16:3
Day 2	
Day 3	
Day 4	1 Corinthians 10:31
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

1 Corinthians 10:31; Proverbs 16:3

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

1 Corinthians 10:31

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

The Privilege of Work

WATCH THIS WEEK BetterMan — Session 4: The Privilege of Work

SCRIPTURE FOCUS **Ecclesiastes 2:24; 3:22**

MEMORY VERSE **Ecclesiastes 3:22**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Ecclesiastes 2:24; 3:22
Day 2	
Day 3	
Day 4	Ecclesiastes 3:22
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Ecclesiastes 2:24; 3:22

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Ecclesiastes 3:22

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

Our Response to Work

WATCH THIS WEEK BetterMan — Session 5: Our Response to Work

SCRIPTURE FOCUS **Psalm 24:1; 1 Corinthians 4:2**

MEMORY VERSE **1 Corinthians 4:2**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Psalm 24:1; 1 Corinthians 4:2
Day 2	
Day 3	
Day 4	1 Corinthians 4:2
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Psalm 24:1; 1 Corinthians 4:2

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him **A** Admit sin **R** My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

1 Corinthians 4:2

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
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- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

His Character

WATCH THIS WEEK BetterMan — Session 1: A Real Man Betters God’s World: His Character

SCRIPTURE FOCUS **Proverbs 4:23**

MEMORY VERSE **Proverbs 4:23**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Proverbs 4:23
Day 2	
Day 3	
Day 4	Proverbs 4:23
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Proverbs 4:23

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Proverbs 4:23

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

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Read it again, stressing a different word each time.

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Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

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- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

His Church

WATCH THIS WEEK BetterMan — Session 2: A Real Man Betters God’s World: His Church

SCRIPTURE FOCUS **Hebrews 10:24–25; Ephesians 4:11–16**

MEMORY VERSE **Hebrews 10:24–25**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Hebrews 10:24–25; Ephesians 4:11–16
Day 2	
Day 3	
Day 4	Hebrews 10:24–25
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Hebrews 10:24–25; Ephesians 4:11–16

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Hebrews 10:24–25

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
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- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

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Is there:

- A command to obey
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Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

His Community

WATCH THIS WEEK BetterMan — Session 3: A Real Man Betters God's World: His Community

SCRIPTURE FOCUS **Jeremiah 29:7; Matthew 5:16**

MEMORY VERSE **Jeremiah 29:7**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Jeremiah 29:7; Matthew 5:16
Day 2	
Day 3	
Day 4	Jeremiah 29:7
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Jeremiah 29:7; Matthew 5:16

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him **A** Admit sin **R** My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Jeremiah 29:7

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
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- Something new about God

Ask: who, what, when, where, why

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Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

His Children

WATCH THIS WEEK BetterMan — Session 4: A Real Man Betters God's World: His Children

SCRIPTURE FOCUS **Deuteronomy 6:6–7; Psalm 78:4–7**

MEMORY VERSE **Deuteronomy 6:6–7**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Deuteronomy 6:6–7; Psalm 78:4–7
Day 2	
Day 3	
Day 4	Deuteronomy 6:6–7
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Deuteronomy 6:6–7; Psalm 78:4–7

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Deuteronomy 6:6–7

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
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- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

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ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

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ASK QUESTIONS

Is there:

- A command to obey
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- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

How He Concludes

WATCH THIS WEEK BetterMan — Session 5: A Real Man Betters God’s World: How He Concludes

SCRIPTURE FOCUS **2 Timothy 4:7; Acts 20:24**

MEMORY VERSE **2 Timothy 4:7**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	2 Timothy 4:7; Acts 20:24
Day 2	
Day 3	
Day 4	2 Timothy 4:7
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

2 Timothy 4:7; Acts 20:24

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

2 Timothy 4:7

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

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Read it again, stressing a different word each time.

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Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

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- A sin to avoid
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Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

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- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Born to Reproduce

WATCH THIS WEEK Leader-led

SCRIPTURE FOCUS **Matthew 9:36–38**

MEMORY VERSE **Matthew 9:37–38**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Matthew 9:36–38
Day 2	
Day 3	
Day 4	Matthew 9:37–38
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Matthew 9:36–38

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Matthew 9:37–38

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

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ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

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- A command to obey
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Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

The Triple Play

WATCH THIS WEEK Leader-led

SCRIPTURE FOCUS **2 Timothy 2:2**

MEMORY VERSE **2 Timothy 2:2**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	2 Timothy 2:2
Day 2	
Day 3	
Day 4	2 Timothy 2:2
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

2 Timothy 2:2

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

2 Timothy 2:2

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
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Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
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- An application to make
- Something new about God

Ask: who, what, when, where, why

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Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

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EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Life-to-Life Skills

WATCH THIS WEEK Leader-led

SCRIPTURE FOCUS **Proverbs 20:5; Colossians 1:28–29**

MEMORY VERSE **Colossians 1:28–29**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Proverbs 20:5; Colossians 1:28–29
Day 2	
Day 3	
Day 4	Colossians 1:28–29
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Proverbs 20:5; Colossians 1:28–29

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Colossians 1:28–29

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

Name Your “One”

WATCH THIS WEEK Leader-led

SCRIPTURE FOCUS **John 15:16**

MEMORY VERSE **John 15:16**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	John 15:16
Day 2	
Day 3	
Day 4	John 15:16
Day 5	
Day 6	
Day 7	

Week 34 · Day 1 Date _____ Name Your “One”

SCRIPTURE FOCUS

John 15:16

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
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- A sin to avoid
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- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

John 15:16

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
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Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

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EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

Commissioning

WATCH THIS WEEK Leader-led

SCRIPTURE FOCUS **Matthew 28:18–20**

MEMORY VERSE **Matthew 28:18–20**

FROM THIS WEEK'S SESSION — ONE THING THAT HIT ME

FROM MY OWN TIME IN THE WORD THIS WEEK

QUESTIONS I WANT TO BRING TO THE GROUP

I WILL…

NOTES FROM THE MEETING

THIS WEEK'S SEVEN SESSIONS

Day 1	Matthew 28:18–20
Day 2	
Day 3	
Day 4	Matthew 28:18–20
Day 5	
Day 6	
Day 7	

SCRIPTURE FOCUS

Matthew 28:18–20

This week's Scripture focus. Read all of it before the group meets.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY _____

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

PASSAGE I READ TODAY

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him	A Admit sin	R My requests

ONE THING I WILL DO TODAY

SCRIPTURE FOCUS

Matthew 28:18–20

This week's memory verse. Write it out, then work it until you can quote it.

PASSAGE I READ TODAY _____

MAJOR THEMES FROM ALL I READ

BEST VERSE AND THOUGHT FOR THE DAY

ASK QUESTIONS

Is there:

- A command to obey
- A promise to claim
- A sin to avoid
- An application to make
- Something new about God

Ask: who, what, when, where, why

EMPHASIZE

Read it again, stressing a different word each time.

REWRITE

Put the verse in your own words.

COMMUNICATE WITH GOD

W Worship Him

A Admit sin

R My requests

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